

# October 2023

## Queen of Heaven Lunch Menu

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b> 1-Chicken Tenders 2-Pizza Crunchers w/sauce Dinner Roll Corn Fruit Choice Milk	<b>3</b> 1-Bacon Cheeseburger 2-Hot Dog French Fries Baked Beans Fruit Choice Milk	<b>4</b> 1-Curly Noodles w/sauce 2- Meat Ball Sub Meatballs Romaine Salad Fruit Choice Milk	<b>5</b> 1-Chicken patty <b>2- Chicken Souvlaki Pita/Salad</b> Green Beans Fruit Choice Milk	<b>6</b>  <b>No School</b>
<b>9</b>  <b>Columbus Day</b>  <b>No School</b>	<b>10</b> 1-Taco in the Bag 2-Chicken Quesadilla 3-Hot Dog Corn Fruit Choice Milk	<b>11</b> 1-Grilled cheese <b>2-Curly Noodles w/alfredo sauce/chicken*</b> Broccoli/Tomato soup Fruit Choice Milk	<b>12</b> 1-French Toast Stix 2-Pancakes Sausage w/syrup Tatar tots Fruit Choice Milk	<b>13</b> 1- Personal Pan Pizza 2-Tuna/Cheese Sub Carrot Stix Fruit Choice Milk
<b>16</b> 1-Popcorn Chicken 2-Baked Pork Chop Dinner Roll Mashed Potatoes/Green Beans Fruit Choice	<b>17</b> 1-Soft Pretzel w/cheese 2-Corn Dog 3-Baked Potato Broccoli Fruit Choice/Yogurt Cup Milk	<b>18</b> 1-Bacon Cheese Burger 2-Chicken Patty Baked Beans Fruit Choice Milk	<b>19</b> 1-Curly Noodles w/sauce 2-Meatball Sub Meatballs Romaine Salad Fruit Choice Milk	<b>20</b> 1-Stuffed Crust Pizza 2-Ham/Cheese Sub Carrot Stix Fruit Choice Milk
<b>23</b> 1-Chicken tenders 2-Mozzarella Stix w/sauce Dinner Roll Sweet Potato Fruit Choice Milk	<b>24</b> 1-Taco in the Bag 2-Burrito/Rice 3-Hot Dog Corn Fruit Choice Milk	<b>25</b> 1-Chicken Patty 2-Grilled Cheese Tomato Soup Green Beans Fruit Choice Milk	<b>26</b> 1-Waffles 2-Pancakes Sausage w/syrup Tater Tots Fruit Choice Milk	<b>27</b> 1-Pizza – 4x6 slice 2-Turkey/Cheese Sub Carrot Stix Fruit Choice Milk
<b>30</b> 1-Chicken Nuggets 2-Soft Pretzel w/cheese Dinner Roll Green Beans Fruit Choice Milk	<b>31</b> 1-Sloppy Joes 2- Burger in Gravy Salad Fruit choice Milk	<b>Side salads will be offered daily with all lunch options. Assorted fresh fruits and vegetables will also be available daily.</b>		

Peanut Butter and Jelly Uncrustable or Salad available daily. Low fat white, chocolate milk included daily in every meal. Substitutions available for milk allergic children with proper documentation. Menu subject to change; notice will be given when possible. This institution is an equal opportunity provider and employer.